

# Toric intraocular lens for correction of high corneal astigmatism in cataract patients

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## Abstract

• **AIM:** To evaluate the efficacy of Bi-Flex toric intraocular lens (T-IOL; Medcontur, Medical Engineering, Ltd., Inc.) implantation to correct preexisting astigmatism in patients having cataract surgery.

• **METHODS:** This retrospective consecutive study included 22 eyes of 16 patients with more than 2.50 diopters (D) of corneal preexisting astigmatism having cataract. Preoperative and postoperative uncorrected visual acuity (UCVA), best corrected visual acuity (BCVA), objective and subjective refraction and keratometric and topographic cylinder were measured. Postoperative the toric IOL axis was evaluated using vector analysis.

• **RESULTS:** Postoperatively, subjective refractive cylinder was reduced significant ( $P < 0.05$ ) from  $4.05 \pm 1.53$  D to  $1.35 \pm 0.86$  D. The component  $J_0$  reduced in magnitude from  $-0.81 \pm 0.20$  D to  $-0.12 \pm 0.62$  D ( $P < 0.05$ ). Both, UCVA and BCVA improved significantly at 1mo after surgery ( $P < 0.05$  in both cases). After the surgery, the UCVA and BCVA were  $0.24 \pm 0.19$  and  $0.06 \pm 0.08$ , respectively. The mean toric IOL axis rotation was  $2.95 \pm 5.25$  degree, with rotation less than 10 degrees in 86.36% of eyes. No differences in mean keratometric values obtained before and after surgery were found ( $P > 0.05$  for  $J_0$  and  $J_{45}$ ).

• **CONCLUSION:** Implantation of the Bi-Flex toric IOL is a safe and effective method to correct the preexisting regular astigmatism (greater than 2.50D).

• **KEYWORDS:** toric intraocular lens; astigmatism; rotation stability; vector analysis

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## INTRODUCTION

Nowadays, it is possible to achieve complete spectacle independence after cataract surgery due to the improvements in surgical techniques (control of the corneal incisions), accuracy of preoperative measurements, and intraocular lens technology. Although monofocal intraocular lenses are still frequently employed for treating cataracts, multifocal intraocular lenses (MIOLs)<sup>[1]</sup> and toric intraocular lens (T-IOLs)<sup>[2-4]</sup> are an increasingly used modality.

Astigmatism is a refractive error that considerably affects to the visual function and it is associated with impaired quality of life<sup>[5-6]</sup>. It has been reported that 28% of all cataract patients have clinically significant astigmatism, usually higher than 1.00D<sup>[7-8]</sup>. Prior to the development of T-IOLs, peripheral corneal arcuate incisions, limbal relaxing incisions (LRIs)<sup>[9]</sup>, opposite clear corneal incision<sup>[10]</sup>, astigmatic keratotomy (AK), and excimer laser refractive procedures had performed to correct astigmatism during or after cataract surgery. LRIs and opposite clear corneal incision works well in patients with pre-existing astigmatism of less than 1.00 D. However, these techniques present some limitations: unpredictable healing of the corneal incision with inconsistent results, difficulty on placing the incision at certain axes and uncontrolled corneal high-order aberrations<sup>[11-12]</sup>. The implantation of T-IOLs has been proven to be effective, predictable, and safe method to treat refractive correction in a single surgical procedure<sup>[2-4,11-12]</sup>. However, the success of a T-IOL for achieving the desired astigmatic correction depends on some factors: 1) it is important to take into account the vector sum of the preexisting corneal astigmatism and the surgically induced astigmatism (SIA) when determining the power and meridian of a T-IOL<sup>[13]</sup>; 2) the impact of the effective lens position and the spherically equivalent power of the IOL on the effective toricity (defined as the variation of the apical curvature of the IOL meridians) of the IOL at the corneal plane<sup>[14]</sup>; 3) the correct intraoperative alignment of the IOL and the good postoperative rotational stability<sup>[15-16]</sup>.

Rotation is the principal complication of the T-IOL and it causes residual astigmatism that affects the optical

performance. Astigmatism is a vectorial variable with an associate magnitude and axis. For this reason, to evaluate the efficacy of T-IOL implantation, astigmatic change should be calculated by vector analysis<sup>[17]</sup>. The method also allows to compare the results of astigmatism surgery in individuals and groups of individuals and to evaluate the surgical results.

The purpose of this study was to evaluate the astigmatic changes using vector analysis as well as postoperative refractive and visual outcomes after implantation of the Bi-Flex aspheric toric IOL (Medicontur, Medical Engineering, Ltd., Inc. Geneva, Switzerland) in a series of cataract surgery patients with corneal astigmatism greater than 2.50 D.

## SUBJECTS AND METHODS

**Ethical Approval** The study followed the tenets of Declaration of Helsinki and it was approved by the local ethics committee. All patients were informed and signed a consent form.

**Study Design** A retrospective consecutive study was conducted on 16 patients underwent T-IOL implantation.

**Subjects** The study was done on 22 eyes from 16 patients underwent T-IOL Bi-Flex implantation at Marina Salud Hospital, Denia, Spain, between September 2013 and June 2014. Patients with a preoperative regular corneal astigmatism greater than 2.50 D were included in this study. Exclusion criteria were irregular astigmatism, corneal disease [dystrophies, degenerations (keratoconus), infections, *etc.*], history of glaucoma or retinal detachment, previous corneal or intraocular surgery, macular degeneration, and history of ocular inflammation.

**Preoperative Examination** Preoperatively, all patients had a complete ophthalmic examination including monocular uncorrected (UCVA) and best corrected distance visual acuity (BCVA, Snellen Charts) were recorded. An objective refraction with auto kerato-refractometer (Alcon, TOPCON KR-8100P, Oakland, New Jersey), a subjective refraction, slitlamp evaluation, applanation tonometry, and ophthalmoscopy. A corneal topography was performed with TOPCON KR-8100P to ensure the regularity of the corneal astigmatism. Axial length and keratometric were measured with the Zeiss Humphrey IOL Master (Berlin, Germany).

Intraocular lens cylinder and axis placement were calculated using the software provided by the manufacturer (Mendicontur). This calculation program requires preoperative keratometric and biometry data, incision location, the surgeon's estimated surgically induced corneal astigmatism (SIA), and the IOL type to be implanted. The spherical power of the lens was calculated using the SRK/T formula to achieve emmetropia.

**Intraocular Lens** The Bi-Flex T is a monofocal toric aspheric IOL with an optic zone diameter of 6.00mm and on overall length of 13.00 mm. The optic design provides aberration-free aspheric IOL and it has a sharp 360 degree edge to prevent

posterior capsule opacification. The optical material of the IOL is foldable hydrophilic acrylic with hydrophobic surface and 25% water content with UV filter. The refractive index of the material at 23°C is 1.46. It has double-loop haptics without angulation. The toric component, located on the posterior surface of the optic, has two marks indicating the localization of the flat meridian optic. The toric lens is available in cylinder powers of +1.00 D and +1.50 D to +9.00 D (+0.75 D steps) at the IOL plane. All models are available in spherical powers of -10.00 D to +35.00 D [-10.00 D to -1.00 D (1.00 D steps); 0 to +30.00 D (0.50 D steps); +31.00D to +35.00 D (1.00D steps)].

**Surgical Technique** One experienced surgeon (RFB) performed all surgeries with a standard phacoemulsification and topical anesthesia. Just before surgery, a sterile ink pen was used to make two marks on the corneal limbus at 0-degree and 180-degree positions, with the patient sitting upright at the slit lamp, to avoid ocular torsion. Intraoperatively, a pendulum marker (Tormak) was used to mark the steep corneal meridian with the aid of preload reference points. A 5 mm continuous curvilinear capsulorhexis was created in all cases. The T-IOLs were folded and implanted in the capsular bag with an injector through a 2.2 mm incision placed at 135°.

During surgery, the T-IOL was rotated to align the cylinder axis with the marked steep corneal meridian. After T-IOL implantation, all the ophthalmic viscosurgical devices (OVD) material was removed from the anterior chamber. The appropriate IOL position was rechecked at the end of surgery.

**Postoperative Examination** Postoperative examinations were performed at 1d, 2wk, and 1mo. At 1d, the intraocular pressure and the integrity of the anterior segment were evaluated. At 15d, the intraocular lens rotation was measured using the biomicroscope (slitlamp with rotating slit) under adequate dilatation with intracameral mydriasis. At 1mo, UCVA and BCVA distance visual acuity, refraction, keratometric, and intraocular lens axis were recorded. Clock-wise rotation was regarded as a negative rotation and counterclockwise as a positive rotation.

**Data Analysis** All data were collected in an Excel database. Preoperative and postoperative astigmatic values were converted to vectorial notation using the power vector method described by Thibos<sup>[17]</sup>:

$$M = S + \frac{C}{2}$$

$$J_0 = -\frac{C}{2} \cos(2\alpha)$$

$$J_{45} = -\frac{C}{2} \sin(2\alpha)$$

Where  $\alpha$  is the axis of cylinder, C is the cylinder power and S is the spherical power.

**Statistical Analysis** Statistical analysis was computed with SPSS software (version 19.0, SPSS, Inc.). For each

parameter, the mean values and standard deviations were calculated. Differences were considered statistically significant when the *P* value was less than 0.05 ( $P < 0.05$ ). Data were tested for normality of distribution Kolmogorov-Smirnov. When parametric analysis was possible, the Student's *t*-test for paired data was applied for all parameter comparisons between preoperative and postoperative data. The Wilcoxon rank-sum test was used to compare preoperative and postoperative values, if parametric analysis was not possible.

For the statistical analysis of the VA outcomes, the decimal values of VA were converted into logMAR values.

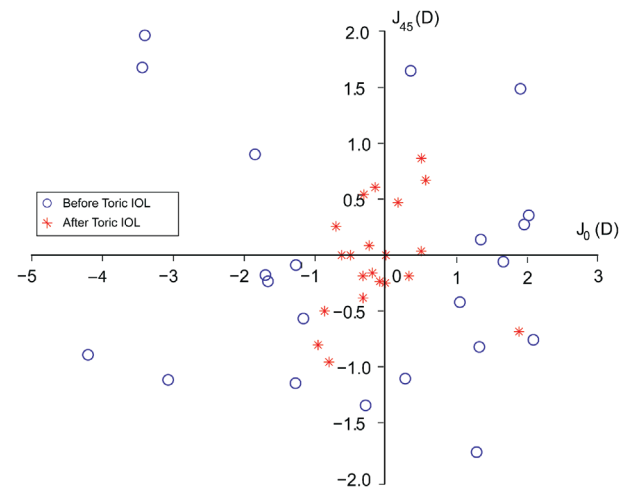
**RESULTS**

Patient demographics and preoperative data are presented in Table 1. The mean age was 73.13±9.31 (SD; range 50 to 81y). The mean preoperative sphere and preoperative cylinder were -1.09 D±4.25 D (range -6.00 to +3.00 D) and -4.05 D±1.53 D (range -1.25 D to -6.25 D), respectively. From the 22 eyes, 9 eyes (41.00%) have with-the-rule corneal astigmatism, 10 eyes (45.40%) have against-the-rule corneal astigmatism, and 3 eyes (13.60%) have oblique corneal astigmatism. The distribution of toric IOL was as follows: 6 eyes with a toric IOL with cylindrical power at IOL plane of +3.75 D, 5 eyes with +4.50 D, 5 eyes with +5.25 D, 2 eyes with +6.00 D, 1 eye with +6.75 D and 3 eyes with +9.00 D.

**Visual and Refractive Outcomes** Table 2 shows the mean preoperative and postoperative UCVA and BCVA. At 1mo postoperatively, the mean logMAR UCVA was 0.24±0.19. The BCVA improved to 0.06±0.08 logMAR. The UCVA and BCVA improved significantly at 1mo after surgery ( $P < 0.05$  in both cases). At 1mo, the refractive astigmatism was -2.25 D or less in 18 eyes (81.81%), between -2.25 D to -3.00 D in 3 eyes (13.63%) and -4.00 D in 1 eye (4.54%). Sphere did not change significantly after the surgery ( $P = 0.11$  for the subjective sphere and  $P = 0.35$  for the objective sphere) (Table 2).

Figure 1 shows the distribution of the preoperative keratometric astigmatism and postoperative refraction astigmatism in terms of power vector (components  $J_0$  and  $J_{45}$ ). It can be seen that there is a reduction in magnitude of astigmatism from preoperatively to at 1mo postoperatively (astigmatism clusters around the origin (0, 0) that represents an eye free of astigmatism). Specifically, the component  $J_0$  improved significantly at 1mo after surgery ( $P < 0.05$ ). The component  $J_{45}$  did not change significantly with the surgery ( $P = 0.82$ ) because of the majority of the patients have no oblique astigmatism. The values and statistics are summarized in Table 3.

Corneal astigmatism was measured by biometry (IOL Master) and topographer (TOPCON KR-8100P) in 3 mm diameter (Table 2). Figure 2 shows the distribution of the preoperative and postoperative keratometric astigmatism in terms of power vector (components  $J_0$  and  $J_{45}$ ). The spread of the points before



**Figure 1 Representation of the astigmatic vector ( $J_0$  and  $J_{45}$ ) before and at 1mo after toric IOL implantation.**

**Table 1 Preoperative demographics and preoperative data**

Parameters	Values
Age (y)	73.13±9.31 (50-81)
Sex (n)	
F	12
M	10
Operated eye (n)	
Right	10
Left	8
Both	2
Axial length (mm)	23.28±0.98 (20.87-24.75)
Anterior chamber depth (mm)	3.19±0.33 (2.68-3.69)
White-to-white distance (mm)	11.83±0.43 (11.30-12.40)
Preoperative refractive sphere (D)	-1.09±4.25 (-6.00 to +3.00)
Preoperative refractive cylinder (D)	-4.05±1.53 (-1.25 to -6.25)
Spherical IOL power (D)	20.60±2.83 (+5.00 to +30.00)
Cylindrical IOL power(D)	+5.55±1.82 (+3.75 to +9.00)

**Table 2 Visual and refractive outcomes over time**

Parameters	Preop.	1mo postop.	<i>P</i>
logMAR UCVA	0.90±0.45	0.24±0.19	<0.05
logMAR BCVA	0.58±0.37	0.06±0.08	<0.05
Objective sphere (D)	1.53±3.52	0.36±0.93	0.35
Objective refractive cylinder (D)	-4.60±2.13	-1.51±1.25	-
Subjective sphere (D)	-1.09±4.25	-0.33±0.67	0.11
Subjective cylinder (D)	-4.05±1.53	-1.35±0.86	-
Topographic astigmatism (D)	-3.44±1.73	-3.40±1.81	-
Keratometric astigmatism (D)	-4.16±1.85	-4.19±2.09	-

**Table 3 Power vector analyzed preoperatively and postoperatively at 1mo after the surgery and *P* value calculated with *t*-test**

Parameters	Preop. keratometric cylinder	Postop. refractive cylinder	<i>P</i>
$J_0$ (D)	-0.81±2.02	-0.12±0.62	<0.05
$J_{45}$ (D)	-0.09±1.06	-0.03±0.47	0.82

and after T-IOL were similarly distributed. The mean change in keratometric astigmatism was 0.42±0.50 for  $J_0$  and 0.05±0.14 for  $J_{45}$ . There were no statistically significant differences between the mean keratometric changes before and after surgery ( $P = 0.52$  for  $J_0$  and  $P = 0.49$  for  $J_{45}$ ).

**Rotation Stability** The mean rotation of the T-IOL was  $4.72 \pm 11.23$  degrees (range -7 to 50 degrees) at 2wk after the surgery. One eye (4.5%) had a rotation of 50 degrees, two eyes (10%) had IOL rotation of 10 degrees, and the rest of the eye (86.36%) had a rotation less than 10 degrees. If excluded the T-IOL that rotates  $50^\circ$ , the mean rotation of the T-IOL was  $2.45 \pm 4.92$  degrees (range -7 to 10 degrees). At 1mo, the rotation of the T-IOL was  $2.95 \pm 5.25$  degrees. There were not statistically significant differences between the intraocular lens rotation at 2wk and 1mo after the rotation ( $P=0.15$ ).

**Success of the Surgery** Figure 3 shows the achieved versus attempted values for both components of the astigmatism:  $J_0$  and  $J_{45}$ . The residual astigmatism (achieved) after the surgery is calculated as the difference between the preoperative and postoperative astigmatism. The attempted astigmatism is the preoperative corneal astigmatism. A linear regression between achieved and attempted was obtained, and both the correlation coefficient,  $R^2$ , and the slope,  $b$ , were computed. For the component  $J_0$ :  $b=0.90$  and  $R^2=0.95$  and for  $J_{45}$ :  $b=1.036$  and  $R^2=0.91$ . A slope value of 1 would mean that postoperative astigmatism would be equal to 0.

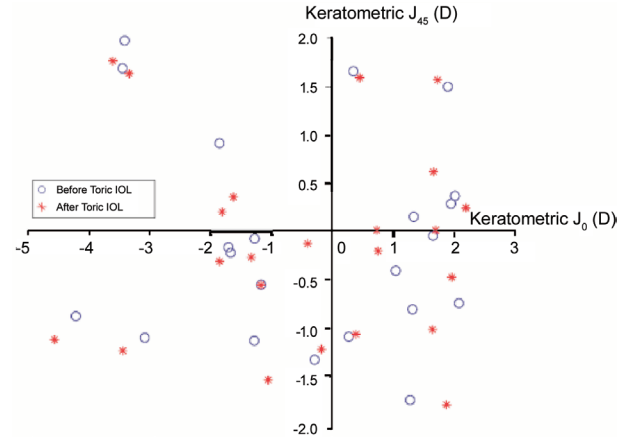
**Complications** In 1 eye, a secondary procedure was necessary because IOL rotation was 50 degree at the 2wk after the surgery. This rotation was because of the lens haptic was broken. Any other serious intraoperative or postoperative complications occurred over time cause of the study.

**DISCUSSION**

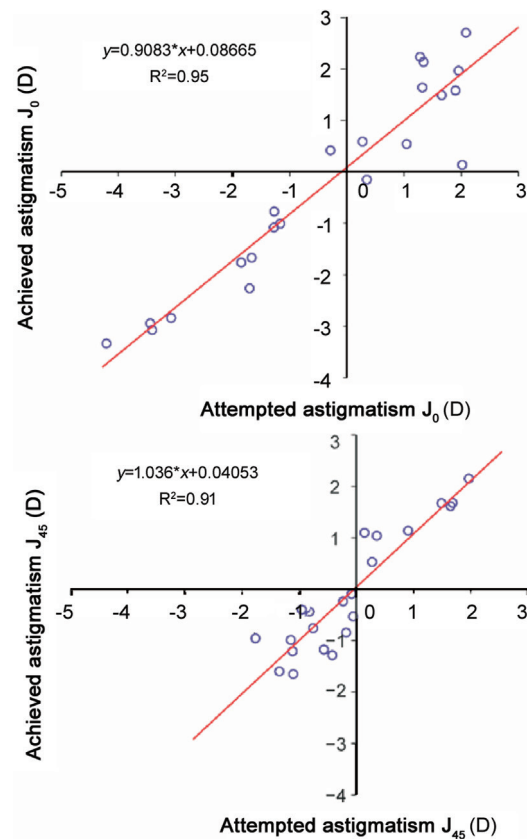
Several studies have been demonstrated that the implantation of T-IOLs is an effective, safe and predictable method to treat corneal astigmatism in a single surgical procedure<sup>[2-4]</sup>. However, patient's outcomes depend on accurate measurements of the corneal astigmatism, accurate marking of corneal meridian and angle alignment, and IOL rotational stability.

In this study, the efficacy of monofocal T-IOL Bi-Flex aspheric implantation to correct regular astigmatism during cataract surgery has been evaluated. The visual, refractive outcomes and astigmatic changes using the vector analysis as well as the rotational stability have been studied. To our knowledge, the present study is the first one in reporting the efficacy and rotational stability of this T-IOL using vector analysis in patients with cataract and corneal astigmatism greater than 2.50D. Previously, the efficacy of this lens has been evaluated without using vector analysis and in patients with preexisting corneal astigmatism between 1.50D and 4.00D<sup>[2]</sup>. Recently, the same authors have published results with the same toric IOL model using vector analysis in patients with low corneal astigmatism (between 1.50D and 4.00D)<sup>[18]</sup>.

A significant improvement in UCVA and BCVA was achieved after the surgery (Table 2), which is consistent with other T-IOL models. In our study, 82.73% of patients achieved 20/40



**Figure 2 Representation of the keratometric astigmatic vector ( $J_0$  and  $J_{45}$ ) before and at 1mo after toric IOL implantation.**



**Figure 3 Achieved astigmatism versus attempted for the astigmatism components  $J_0$  (left) and  $J_{45}$  (right)** Achieved astigmatism is calculated as the difference between the preoperative and postoperative astigmatism and the attempted astigmatism is the preoperative corneal astigmatism.

or better UCVA. In a study by Bachernegg *et al*<sup>[2]</sup>, 100% of eyes achieved 20/40 or better after the identical IOL model. Mendicutte *et al*<sup>[3]</sup> report that 93% of the eyes achieving 20/40 or better after Acrysof T-IOL. Stewart *et al*<sup>[19]</sup> evaluated T-flex toric IOL implantation in 14 eyes. Over 90% of eyes achieved an UDVA of 20/40 or better and the mean UDVA was  $0.16 \pm 0.16$  LogMAR. In the present study, the postoperative examination UCVA and BCVA was performed one month after the surgery. In the study by Bachernegg *et al*<sup>[2]</sup> postoperative

examinations were performed at 1wk, 1 and 3mo. They found that there is no statically significant change in the UCVA between the first and third postoperative month. Similar results were found by Alio *et al*<sup>[4]</sup>. Krall *et al*<sup>[20]</sup> found an improvement between 1-week and 3-month examination. They reported that might be explained by the increased inflammation in the early postoperative period resulting from the trauma of cataract surgery.

There is a reduction of refractive astigmatism after the surgery. Table 3 shows that the components of the astigmatism were reduced close to 0 after the surgery. The difference in magnitude between preoperative and postoperative  $J_0$  was statistically significant ( $P<0.05$ ). The difference in magnitude between preoperative and postoperative  $J_{45}$  was not statistically significant ( $P=0.82$ ). This fact is shown in Figure 1. The mean preoperative refractive astigmatism was  $4.05\pm 1.53$  D and the postoperatively was  $1.35\pm 0.86$  D with a reduction of 67% after the T-IOL implantation. These results are consistent with results of previous studies. Bachernegg *et al*<sup>[2,18]</sup> found that the mean refractive astigmatism decreased from  $1.93\pm 0.90$  D to  $0.30\pm 0.54$  D with the same T-IOL model. Other studies found that there is a reduction in astigmatism of 70% after T-IOL (preoperative corneal astigmatism  $2.34\pm 1.28$  D)<sup>[3]</sup>. After Rayner toric IOL implantation, the mean residual refractive cylinder has been shown to range from  $-0.89$  D to  $-0.95$  D<sup>[19]</sup>. The variability in the astigmatism reduction and visual outcomes between T-IOLs depends on the preoperative astigmatism values and the differences between IOL models. In the present study, mean preoperative refractive astigmatism was  $4.05\pm 1.53$  D but in the study of Bachernegg *et al*<sup>[2]</sup> the mean refractive astigmatism was  $1.93\pm 0.90$  D.

In this study, the T-IOLs were folded and implanted in the capsular bag with an injector through a 2.2mm incision placed at  $135^\circ$ . The location and size of the incision are important factor to take into account on the T-IOL implantation because IOL cylinder is based in keratometric values. In this work, all corneal incisions were performed in the same meridian and a small incision was performed. It is well known that small incisions induce less corneal astigmatism than larger ones. Figure 2 shows the keratometric changes before and after of the surgery. Keratometric astigmatism was distributed randomly before and after T-IOL implantation with no significant differences ( $P> 0.05$ ).

Rotation is a major issue of T-IOLs and rotational stability is a crucial factor for good refractive results. Rotation occurs most frequently in the early postoperative period, before anterior and posterior capsule fuse together<sup>[21]</sup>. There are several factors that can be caused rotation including incomplete viscoelastic clearance, early postoperative IOL fluctuations, capsulorhexis size and optic and haptic design and material

of the IOL<sup>[22]</sup>. There are several methods to determine the rotation of a T-IOL. The method used by Bayramlar *et al*<sup>[23]</sup> employs the biomicroscope (slitlamp with rotating slit) under adequate dilatation with intracameral mydriasis. The mean rotation at 2wk was  $2.45\pm 4.92$  degrees and at 1mo after the surgery was  $2.95\pm 5.25$  degrees. There were not statistically significant differences between the intraocular lens rotation at 2wk and 1mo after the rotation ( $P=0.15$ ). At 2wk, the rotation was 10 degrees or less in 19 eyes (86.36%), 10 degrees in 2 eyes (10%) and 50 degrees in 1 eye (4.5%). These results are in agreement with other studies. Bachernegg *et al*<sup>[2]</sup>, found a mean of IOL rotation of  $2.12\pm 3.45$  degrees (range  $-2$  to  $+5.00$  degrees) in 30 eyes with the IOL model used in our study. In the recent study published by Bachernegg *et al*<sup>[18]</sup> they found an IOL rotation of  $0.2\pm 2.41$  degrees (range:  $-5$  to  $+4$  degrees) 1y after implantation. Hirnschall *et al*<sup>[24]</sup> found a IOL rotation less than 3 degrees and less than 6 degrees in 62% and 95% of all cases, respectively with the Tecnis Toric (AMO). Mendicute *et al*<sup>[3]</sup> found a mean of IOL rotation of  $3.53\pm 1.97$  degrees (range 0 to 12 degrees) in 20 eyes with the Acrysof SN60T IOL (Alcon Laboratories). Alberdi *et al*<sup>[25]</sup> found a mean of IOL rotation of  $3.11\pm 3.57$  degrees with the T-flex 573&623T. On the contrary, Hoffman *et al*<sup>[26]</sup> found postoperative rotation of  $0.23\pm 0.19$  degrees in 40 eyes with higher power toric IOLs and Chau *et al*<sup>[27]</sup> found a mean of IOL rotation of  $9.41\pm 7.80$  degrees in 26 eyes with the AA4203-TF/TL.

In conclusion, the results of our study show that implantation of the Bi-Flex IOL is an effective, predictable and safe method to correct corneal astigmatism during routine cataract surgery. Figure 3 shows that both components of astigmatism ( $J_0$  and  $J_{45}$ ) were reduced and that the slope values are closer to 1 which means that the surgery with T-IOL implantation has been successful.

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